

## **FOR IMMEDIATE RELEASE:**

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## **GIFT IDEA FROM LOCAL AUTHOR/ARTIST**

### ***The Goddess Who Forgot That She Was a Goddess***

Full color hardcover book, with artwork throughout

Written & Illustrated by Patricia Dines

### **Give the Goddess for the Holidays!**

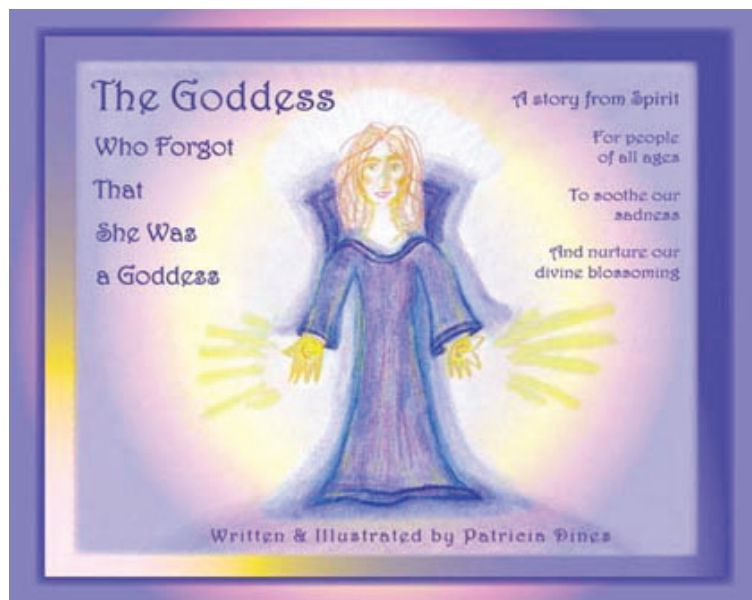
**In these challenging times, how can we soothe and empower ourselves and others?** Aiding in that quest is this recently-released, enchantingly beautiful, full-color spiritual storybook “for people of all ages” from local author and artist, Patricia Dines.

**As soon as readers start turning the pages, they’re charmed** by the book’s invitation to join this sweet and sad goddess as she gets a mysterious call to go into the forest. With the unfolding of her journey, the goddess feels her heart healed, reconnects to her core divinity, and discovers the place where all hearts join together in the mystery. The reader is nurtured too by this unexpectedly joyful healing journey of authentic heart and divine connection.

**Each spread of this high-quality hardcover book is beautifully illustrated** with the author’s original artwork, enhancing and giving another dimension to the experience. Also, because the tale contains no particular religious dogma, it’s appropriate for people on a wide range of spiritual paths, or none. The story can be especially appropriate for women and teenage girls, supporting their deep knowing of the divine beauty at their core.

**So bring some magic into your holiday gift list by giving this special book as treasured keepsake gift.** You might want to treat yourself to a copy as well! For more information, go to [www.healthyworld.org/GoddessBook](http://www.healthyworld.org/GoddessBook). There you’ll find a sample preview of the book, local stores that carry it, and online ordering information.

*Patricia Dines has been a professional writer and artist for over 30 years. But the roots of this book go deeper than her professional path, into her precious lifelong relationship with the divine and the natural world. She says, “I am so deeply honored to be the carrier of this tale. I hope that it reminds you of your own core divinity, and brings you a taste of the sacred eternal.”*



**“The Goddess story is beyond-words fabulous.** I was totally hooked. It feels intimate to the level of the soul. I want to read it again and again. **This is more than a story to entertain.** It gives insight to the core of us as divine creatures. Thank you is an understatement.

**This book is truly a gift to the world.”**

*~ Paula Pearce, Author & Illustrator*

**“I gave *The Goddess* as a gift to a dear friend and co-worker.** Soon after, she told me that she read it with her husband, each taking turns reading it to each other, and it made them both cry. **You made a difference in their lives. And it made me feel good to have given it to her.**

I wanted this gift to mean something to her, not just go on a shelf. **Thank you!”**

*~ Janie Frigault*



**#MORE#**

## BIO/PERSONAL STORY APPROACH

### Local Author/Artist Offers Soothing Goddess Book for the Holidays

“Like so many people nowadays, I’m feeling a bit overwhelmed, both by current news and the upcoming holidays,” says local author and artist, Patricia Dines. “So I’m thrilled to be able to offer folks such a wonderful way to nurture and empower themselves and others — to help them bring a little magic into their holidays.”

The offering that Ms. Dines is describing is her new spiritual storybook “for people of all ages,” *The Goddess Who Forgot That She Was a Goddess*.

Eighteen years in the making, this beautiful full-color book tells the enchanting tale of a sweet and sad goddess as she gets a mysterious call to go into the forest.

As soon as readers start turning the pages, they’re charmingly invited to join the goddess on her journey. With the unfolding of her adventure, the goddess feels her heart healed, reconnects to her core divinity, and discovers the place where all hearts join together in the mystery.

Ms. Dines has illustrated the book with her own artwork, enhancing and bringing another dimension to the tale.

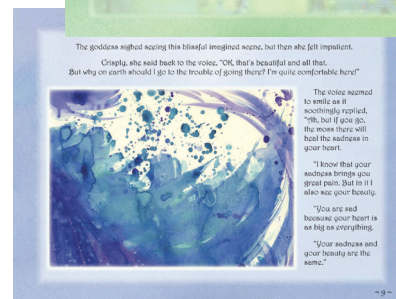
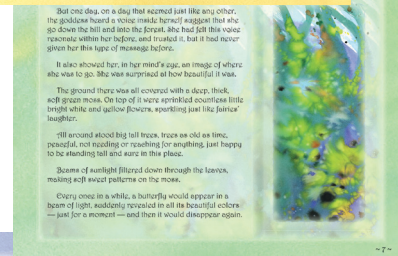
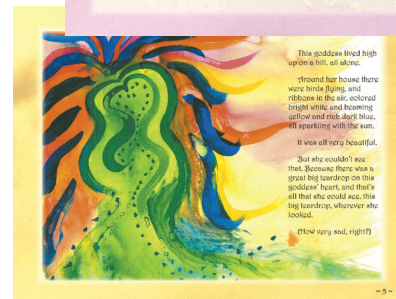
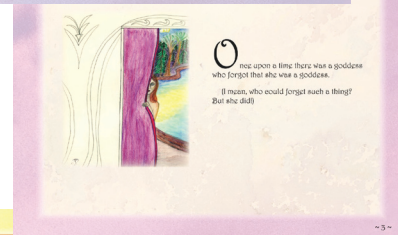
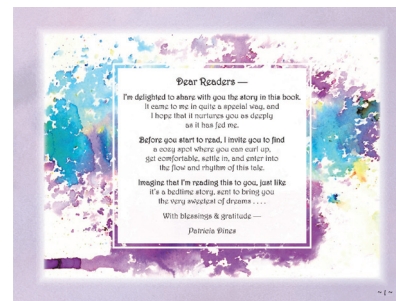
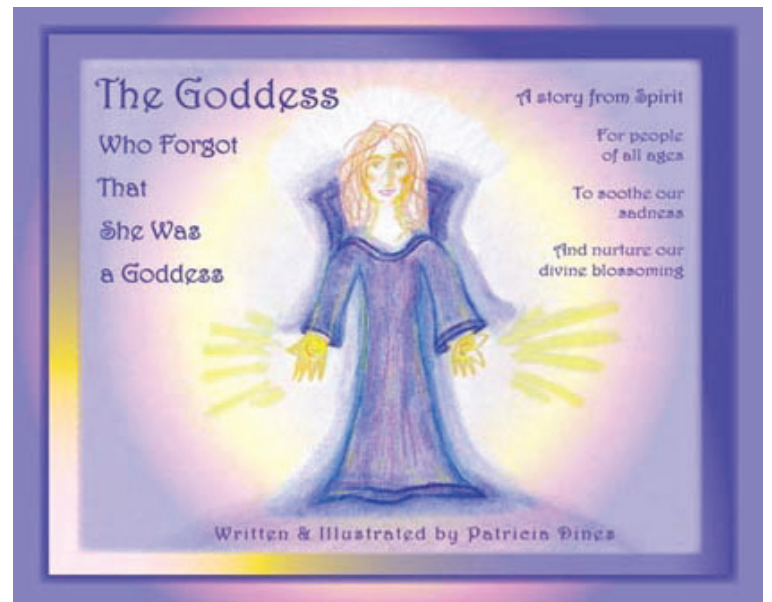
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Ms. Dines adds, “Something deep within us resonates to a story well-told. It can connect with, and impact, our core selves in ways deeper than just concepts and words. But too often the stories in our culture encourage us to suppress our authentic self, aspire only to superficial external beauty, and hide in a protected cynicism that leaves our sweetness unexpressed.”

This special book is a nurturing treat for the reader, and makes a meaningful and treasured keepsake gift. It’s available at select local bookstores and directly from [www.healthyworld.org/GoddessBook](http://www.healthyworld.org/GoddessBook). There’s even a sample preview of the book on the website. Plus Ms. Dines has made greeting cards from the art in the book, in response to reader requests.

Ms. Dines says, “I’m so moved to hear how people are being deeply touched and inspired by this book. Just as I’d hoped, they’re experiencing it as a fun and unexpected reminder of their own core divinity — and a delightfully nourishing taste of the sacred eternal. Plus, it’s a great way to share those timeless values with others. I love that this can help people feel sweetness and strengthening in all areas of their lives.”

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SAMPLE PAGES FROM THE BOOK