

## STOP SONOMA COUNTY FLUORIDATION: ACTION RESOURCES

By Patricia Dines, March 26, 2013

*This information is also at [www.healthyworld.org/StopSCFAction.html](http://www.healthyworld.org/StopSCFAction.html), and I'll continue updating that page.*

**I think we can – and must – stop the plan for community water fluoridation in Sonoma County.** The science just does *not* support fluoridation, and it *will* risk health and environmental harm to *all* of us.

**What's key is for many more of us here to stand up and object** – ideally in the next three or four months, before this starts getting more fixed and much harder to reverse. There are lots of ways you can help. Now is the time to act if we want to see a change. We together can make a difference on this!

### **Some key ways you can learn more and take action**

---

*Consider sharing these with others, both online and in print.*

#### **1) You can read my two Ask EcoGirl columns on this topic.**

\* "**Should We Fluoridate Our Water?**" (Feb. 2013), which summarizes what I think are the key reasons that fluoridation of our water fails to make sense at its foundation. [www.patriciadines.info/EcoGirl6h.html](http://www.patriciadines.info/EcoGirl6h.html)

\* "**Standing Up to Stop Fluoridation**" (April 2013), which gives the next layer of key facts to understand about why fluoridation is a bad idea – and offers proposals for fixing the process with the Board of Supervisors towards being more fair and unbiased. [www.patriciadines.info/EcoGirl6j.html](http://www.patriciadines.info/EcoGirl6j.html)

On the webpages for both of these columns, there's a link for a PDF version of the column, for you to print and share as a handout or poster. Both also have citations, useful links, and resources.

#### **2) I've also created an email/online group for folks who want to stop SC fluoridation.** (You can have an email, digest, or web-only membership in this group.) Here you can:

\* Read files and see links with the key information locally and beyond (see the left part of the screen);

\* Connect with other folks who care about this issue locally, by reading and posting messages;

\* Make plans together; and

\* Feel general support among allies.

<http://groups.yahoo.com/group/StopSCFluoridation>

#### **3) I also post ongoing information on this and other eco-topics on my Ask EcoGirl Facebook page.** Come by for a visit! [www.facebook.com/AskEcoGirl](http://www.facebook.com/AskEcoGirl)

#### **4) Here are two Sonoma County petitions you can sign**

[www.change.org/petitions/sonoma-county-board-of-supervisors-stop-planning-for-fluoridation-of-public-water-supply](http://www.change.org/petitions/sonoma-county-board-of-supervisors-stop-planning-for-fluoridation-of-public-water-supply)

[www.fluoridefreesonomacounty.org/petition.html](http://www.fluoridefreesonomacounty.org/petition.html)

#### **5) There are two Facebook groups on this topic**

[www.facebook.com/pages/Fluoride-Free-Sonoma-County/202133946560474](http://www.facebook.com/pages/Fluoride-Free-Sonoma-County/202133946560474)

[www.facebook.com/sonomacounty.nofluoride](http://www.facebook.com/sonomacounty.nofluoride)

#### **6) Here are key email addresses - Supervisors and more!**

[www.fluoridefreesonomacounty.org/supes.html](http://www.fluoridefreesonomacounty.org/supes.html)

#### **7) Also see these webpages**

[www.fluoridefreesonomacounty.org](http://www.fluoridefreesonomacounty.org)

[www.fluoridefreesonomacounty.org/bay-area-action.html](http://www.fluoridefreesonomacounty.org/bay-area-action.html)

#### **8) Dawna Gallagher is taking local action.** Contact her at [dawnagal@bigplanet.com](mailto:dawnagal@bigplanet.com) 707 547-7006

I hope this is useful. Please let me know if you have any questions or want to connect further in taking action.

*Patricia Dines, Freelance Writer, Educator, & Public Speaker*

*Specializing in Environmental & Community Issues • [www.patriciadines.info](http://www.patriciadines.info) • [www.askecogirl.info](http://www.askecogirl.info)*